



The Mind Of Christ

Session 3 Assignment

1. What current perception(s) do you have of yourself that require an upgrade?

2. How will you upgrade your thinking in line with your new perception of yourself?

3. What new language must you learn about yourself in this process?

4. What problem frames do you regularly default to when under stress?

5. What does spiritual appraisal mean to you and how will you use it in your development?

6. What newness of life frames are now available to you and how will you partner with the Holy Spirit in cultivating them?
